

Beliefs – Check your Understanding

1. Beliefs are the R_____ that create our R_____.
2. Beliefs are forms of E_____ that are S_____ from us.
3. We experience them in our A_____.
4. There are R_____ in a B_____.
5. A belief has its own P_____ that will be T_____, no matter what.
6. Nothing can be true except for its own R_____.
7. A belief will be P_____ right over and over. That's what a belief does, no matter what B_____ it is.
8. As long as you are P_____ in the belief, you are B_____ by its R_____.
9. Release the R_____ to the belief for R_____.
10. You are not giving I___ to the belief, you are giving up the R_____!
11. When the belief has a H_____ on you, you think its rules are T_____.

12. A belief is O_____ of you when you are no longer playing its G_____, or P_____ in it.
13. Fighting back against a B_____ causes S_____.
14. It is in the S_____ of the resistance that P_____ and relief is A_____.
15. Hoping to W_____ is still playing the G_____.
16. According to the B_____, all its rules are T_____.
17. Anything else other than the beliefs rules cause C_____, Strife and S_____!
18. The more you R_____, the more you S_____.
19. When we vibrate in F_____, when tend to give away our P_____.
20. A belief is a limiting P_____.
21. We only T_____ a belief is T_____ but its not!

