

Law of Polarity & Flip the Coin – Check your Understanding

1. You can change your frequency on P_____.
2. Many people S_____ with the Law of Polarity, but it can be your greatest A_____.
3. Two opposite ends of the Law of the Polarity, as used in this program here is the H_____ or W_____.
4. We focus so intently on the W_____ that the energy says we “D_____ H_____ I_____.”
5. The feeling of not having will reflect back to us the experience of N_____ H_____.
6. Your feelings are indicators of which side, the H_____ or the W_____, you are focusing on.
7. If you feel bad or miserable, you are focusing on the L_____ or W_____ side of the coin.

Flip the Coin Tool:

8. Notice you are feeling B_____.
9. Label the actual E_____.
10. Recognize you are focusing on the L_____ or W_____.
11. If it H_____, you are focusing on L_____ or W_____.
12. Label the B_____ that is creating this, if you can.
13. It's a B_____ that is causing you to feel bad.
14. Label the T_____ you want like a D_____.
15. Becoming the O_____ helps you see from an outside perspective.
16. Our T_____ cause the E_____ R_____.
17. You T_____ first, then F_____.
18. After you think and feel, it may show up in our C_____ or R_____.

