

List of Common Emotions

Abandonment

Anxiety

Bitterness

Confusion

Defeated

Discouragement

Effort unreceived

Defensiveness

Failure

Grief

Heartache

Hatred

Ignored

Insecure

Jealousy

Longing

Love unreceived

Nervousness

Oppressed

Pity

Panic

Revengeful

Resentful

Sadness

Shame

Terror

Vulnerable

Unvalued

Worry

Wanting sympathy

Anger

Betrayal

Conflict

Disgust

Depression

Fear of

Greed

Helplessness

Horror

Inferior

Judgment

Lack of Control

Lust

Overwhelm

Powerless

Prideful

Rebel

Rejection

Sorrow

shock

Taken for granted

Unsupported

Wishy washy

Worthlessness

Annoyance

Blaming

Crying

Dread

Despair

Desperation

Frustration

Guilt

Hopelessness

Humiliation

Indecisive

Illusion

Low self esteem

PERsecuted

Peeved

PROsecuted

Rage

Restricted

Self Abuse

Stubborn

Unworthy